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**Training Programs on Emotional Literacy
for Creating Peace & Harmony
for Semi-urban and Rural School Teachers and Students**

September 10, 2018

Objective

The objective of this program is to improve the lives of public and private school kids in Nepal, by teaching them right-brain emotional literacy skills, including how to create inner peace, interpersonal peace, and eventually, world peace.

Strategy

Emotional Literacy consists of learning how our mind and emotions function, learning how to control our internal processes, and thus how to make more effective choices and decisions. With this information, we are able to make more effective and informed choices in our personal life as well as for our community, our nation and for the world. Just as we learn reading, writing, and mathematics, these processes is learnable and teachable.

For over 10 years, WWA has offered the "Life Without Anger" (LWA) curriculum in Nepal, educating over 7,000 middle and high school students in how to become aware of, understand and manage their thoughts, feelings, decisions and actions. These classes have proven extremely beneficial, both academically and personally, by creating a sense of control and inner peace, establishing a more open, emotionally-friendly and caring school culture, and providing critical emotional training students and teachers can use the rest of their lives.

Activities

With the XXX grant award, we can implement this program in two middle or high schools in Kathmandu during their 2019 school year. WWA will provide a complete, turnkey program for these schools and generally help make this a successful program. Activities will include:

- Select two schools from our waiting list of interested schools, based on their willingness and ability to add this curriculum.

- Work with administration to schedule the LWA course into their schools' 2019 academic year.
- Organize and present a 2-day teacher in-service training (TOT) for up to 10 staff participants.
- Provide up to 100 LWA student textbooks for the kids. (Note: textbooks are 'loaned', so they are re-used year after year).
- Give trained teachers a complete Teacher's Manual to help them effectively plan, organize and present the course material.
- Provide pre- and post-testing, so progress can be tracked, and statistics made available.
- Offer resources, support and guidance to staff and administration to ensure a successful project

Project Outputs

- At 25-50 kids per class, almost 100 kids will forever have their emotional lives changed, improved and enlightened with Emotional Literacy education.
- Emotional Literacy training helps individuals gain the information and understanding necessary to align the beliefs and choices they make in daily life so that their life experience will become a joyful and loving experience.
- Schools and teachers can re-use these materials to offer on-going classes to future students.

Budget Summary

The sample Organization requests a total contribution of US\$ which can be summarized as follows:

BUDGET SUMMARY (US\$)	
Teacher Training Workshop	XXXX
Teacher Stipend	XXXX
x2 schools (Kathmandu)	XXXX
TOTAL (request to this funder)	XXXX
Teacher Manuals and Student Textbooks (donated by WWA)	XXX

Thank you!